

# Holy Eucharist Instructions

A key feature of our fall program at All Saints' is the restoration of the Holy Eucharist to our worship life. It has been a complicated endeavor to determine how to do this while honoring both our customs regarding the care of sacred objects and our commitment to preventing any spread of COVID-19 in our community.

Please receive this bag as a gift and use it as it was intended. Under no circumstances should it be placed in the trash. If for any reason the enclosed consecrated host cannot be consumed in its entirety, please bury it in the ground or return it to us.

## Three options in order of our preference:

**Option I.** Join us at 10AM on Sunday morning by watching our broadcast at [www.allsaintschelmsford.org](http://www.allsaintschelmsford.org). Remove the consecrated host from the plastic bag and place it on an appropriate small plate in front of you. Follow along in this bulletin as you would with any other church service, sing, meditate, and pray. At one point in the service, you will see the host you now have before you consecrated. When the priest invites you to receive it, consume the host in its entirety. Continue with the service as usual. If possible, return the bag the following week to a container in the church cloisters for reuse.

**Option II.** The same as Option I, but at a day and time this week that is convenient for you. Keep in mind that the service will be replaced with a different service just prior to Sunday, September 20.

**Option III.** If you or your family lack access to the video yet have received a consecrated host from us, please set aside time to receive the consecrated host yourself while reverently saying the following sacred words and prayers. Keep in mind that through this act you share the same bread that we are eating and are, thereby, joined to our community as a member of Christ's body.

### Pray Today's Opening Prayer

O God, because without you we are not able to please you, mercifully grant that your Holy Spirit may in all things direct and rule our hearts; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

### Read a Word of the Gospel

Jesus said, "I am the living bread that came down from heaven. Whoever eats of this bread will live for ever; and the bread that I will give for the life of the world is my flesh. For my flesh is true food and my

blood is true drink. Those who eat my flesh and drink my blood abide in me, and I in them" (John 6:51, 55-56).

### **Confess**

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

### **Receive Forgiveness**

Almighty God have mercy on us, forgive us all your sins through our Lord Jesus Christ, strengthen us in all goodness, and by the power of the Holy Spirit keep us in eternal life. Amen.

### **Say the Lord's Prayer**

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses, as we forgive those who trespass against us.

And lead us not into temptation, but deliver us from evil.

For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

### **Pray prior to Reception:**

Almighty Father, whose dear Son, on the night before he suffered, instituted the Sacrament of his Body and Blood: Mercifully grant that we may receive it thankfully in remembrance of Jesus Christ our Lord, who in these holy mysteries gives us a pledge of eternal life; and who lives and reigns for ever and even. Amen.

### **Reception** (say to yourself as you consume the consecrated host)

The Body of Christ, the bread of heaven.

### **Pray for after Communion**

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

### **Conclude**

Let us bless the Lord, Thanks be to God.





## **The Fifteenth Sunday After Pentecost**

**10:00 AM + September 13, 2020**

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Welcome! You are invited to participate fully in our worship.  
Whoever you are, wherever you are on your journey of faith, welcome!

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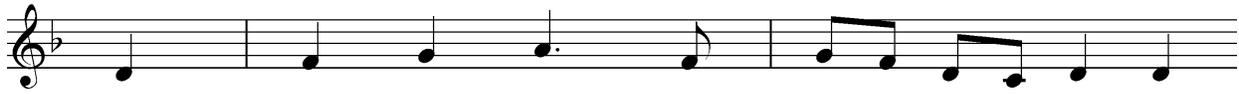
**The Holy Eucharist: Rite Two**

Prelude: *Communion*

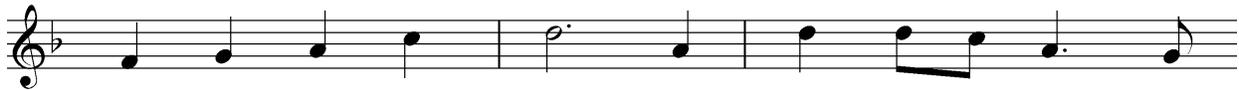
André Fleury (1926-1993)

Hymn: *Forgive our sins as we forgive* tune: *Detroit*

Hymn 674



1 “For - give our sins as we for - give” you  
2 How can your par - don reach and bless the  
3 In blaz - ing light your cross re - veals the  
4 Lord, cleanse the depths with - in our souls, and



taught us, Lord, to pray; but you a - lone can  
un - for - giv - ing heart that broods on wrongs and  
truth we dim - ly knew, how small the debts men  
bid re - sent - ment cease; then, re - con - ciled to



grant us grace to live the words we say.  
will not let old bit - ter - ness de - part?  
owe to us, how great our debt to you.  
God and man, our lives will spread your peace.

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*Celebrant* Blessed be God: Father, Son, and Holy Spirit.

*People* **And blessed be God’s kingdom, now and for ever. Amen.**

*Celebrant* Collect for Purity

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.

1. Glo - ry to God in the high - est, and  
 peace to his peo - ple on earth. 2. Lord God, heaven - ly  
 King, al - might - y God and Fa - ther, we wor - ship you, we  
 give you thanks, we praise you for your glo - ry. 3. Lord Je - sus  
 Christ, on - ly Son of the Fa - ther, Lord God, Lamb of God, 4. you  
 take a - way the sin of the world: have mer - cy  
 on us; 5. you are seat - ed at the right hand of the Fa - ther: re -  
 ceive our prayer. 6. For you a - lone are the Ho - ly One,  
 you a - lone are the Lord, 7. you a - lone are the Most  
 High, Je - sus Christ, with the Ho - ly Spi - rit, in the  
 glo - ry of God the Fa - ther. A - men.

*Celebrant* The Lord be with you.

*People* **And also with you.**

Let us pray together.

**Collect**

Said in unison

**O God, because without you we are not able to please you, mercifully grant that your Holy Spirit may in all things direct and rule our hearts; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.***

### A Reading from the Book of Genesis 50:15-21

Realizing that their father was dead, Joseph's brothers said, "What if Joseph still bears a grudge against us and pays us back in full for all the wrong that we did to him?" So they approached Joseph, saying, "Your father gave this instruction before he died, 'Say to Joseph: I beg you, forgive the crime of your brothers and the wrong they did in harming you.' Now therefore please forgive the crime of the servants of the God of your father." Joseph wept when they spoke to him. Then his brothers also wept, fell down before him, and said, "We are here as your slaves." But Joseph said to them, "Do not be afraid! Am I in the place of God? Even though you intended to do harm to me, God intended it for good, in order to preserve a numerous people, as he is doing today. So have no fear; I myself will provide for you and your little ones." In this way he reassured them, speaking kindly to them.

*People's response after the reading* **Thanks be to God.**

### Psalm 103:8-13

- 8 The LORD is full of compassion and mercy, \*  
**slow to anger and of great kindness.**
- 9 He will not always accuse us, \*  
**nor will he keep his anger for ever.**
- 10 He has not dealt with us according to our sins, \*  
**nor rewarded us according to our wickedness.**
- 11 For as the heavens are high above the earth, \*  
**so is his mercy great upon those who fear him.**
- 12 As far as the east is from the west, \*  
**so far has he removed our sins from us.**
- 13 As a father cares for his children, \*  
**so does the LORD care for those who fear him.**

### A Reading from Paul's Letter to the Romans 14:1-12

**W**elcome those who are weak in faith, but not for the purpose of quarreling over opinions. Some believe in eating anything, while the weak eat only vegetables. Those who eat must not despise those who abstain, and those who abstain must not pass judgment on those who eat; for God has welcomed them. Who are you to pass judgment on servants of another? It is before their own lord that they stand or fall. And they will be upheld, for the Lord is able to make them stand.

Some judge one day to be better than another, while others judge all days to be alike. Let all be fully convinced in their own minds. Those who observe the day, observe it in honor of the Lord. Also those who eat, eat in honor of the Lord, since they give thanks to God; while those who abstain, abstain in honor of the Lord and give thanks to God.

We do not live to ourselves, and we do not die to ourselves. If we live, we live to the Lord, and if we die, we die to the Lord; so then, whether we live or whether we die, we are the Lord's. For to this end Christ died and lived again, so that he might be Lord of both the dead and the living.

Why do you pass judgment on your brother or sister? Or you, why do you despise your brother or sister? For we will all stand before the judgment seat of God. For it is written, "As I live, says the Lord, every knee shall bow to me, and every tongue shall give praise to God." So then, each of us will be accountable to God.

*People's response after the reading*

**Thanks be to God.**

## The Holy Gospel according to Matthew 18:21-35

*People Said before the reading*

**Glory to you, Lord Christ.**

*Said after the reading*

**Praise to you, Lord Christ.**

**P**eter came and said to Jesus, "Lord, if another member of the church sins against me, how often should I forgive? As many as seven times?" Jesus said to him, "Not seven times, but, I tell you, seventy-seven times. For this reason the kingdom of heaven may be compared to a king who wished to settle accounts with his slaves. When he began the reckoning, one who owed him ten thousand talents was brought to him; and, as he could not pay, his lord ordered him to be sold, together with his wife and children and all his possessions, and payment to be made. So the slave fell on his knees before him, saying, 'Have patience with me, and I will pay you everything.' And out of pity for him, the lord of that slave released him and forgave him the debt. But that same slave, as he went out, came upon one of his fellow slaves who owed him a hundred denarii; and seizing him by the throat, he said, 'Pay what you owe.' Then his fellow slave fell down and pleaded with him, 'Have patience with me, and I will pay you.' But he refused; then he went and threw him into prison until he would pay the debt. When his fellow slaves saw what had happened, they were greatly distressed, and they went and reported to their lord all that had taken place. Then his lord summoned him and said to him, 'You wicked slave! I forgave you all that debt because you pleaded with me. Should you not have had mercy on your fellow slave, as I had mercy on you?' And in anger his lord handed him over to be tortured until he would pay his entire debt. So my heavenly Father will also do to every one of you, if you do not forgive your brother or sister from your heart."

**The Sermon**

The Rev. Dr. Paul Kolbet

**Silent Meditation**

**The Nicene Creed**

Spoken by all

**We believe in one God, the Father, the Almighty,  
maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made.**

**For us and for our salvation he came down from heaven; by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried.**

**On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father.**

He will come again in glory to judge the living and the dead, and his kingdom will have no end.  
We believe in the Holy Spirit, the Lord, the giver of life, Who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins,  
We look for the resurrection of the dead, and the life of the world to come. Amen.

### The Prayers of the People – Form V

In peace, let us pray to the Lord, for the holy Church of God, that it may be filled with truth and love, and be found without fault at the day of your coming, we pray to you, O Lord.

For Michael our Presiding Bishop, for Alan and Gale our Bishops, for all bishops and other ministers, and for all the holy people of God, we pray to you, O Lord.

For all who fear God and believe in you, Lord Christ, that our divisions may cease, and that all may be one as you and the Father are one, we pray to you, O Lord.

For the mission of the Church, that in faithful witness it may preach the Gospel to the ends of the earth, we pray to you, O Lord.

For those who do not yet believe, and for those who have lost their faith, that they may receive the light of the Gospel, we pray to you, O Lord.

For the peace of the world, that a spirit of respect and forbearance may grow among nations and peoples, we pray to you, O Lord.

For those in positions of public trust [especially Donald our President and Charlie our Governor], that they may serve justice, and promote the dignity and freedom of every person, we pray to you, O Lord.

For a blessing upon all human labor, and for the right use of the riches of creation, that the world may be freed from poverty, famine, and disaster, we pray to you, O Lord.

For the poor, the persecuted, the sick, and all who suffer; for refugees, prisoners, and all who are in danger; that they may be relieved and protected, we pray to you, O Lord.

For this congregation, that we may be delivered from hardness of heart, and show forth your glory in all that we do, we pray to you, O Lord.

For ourselves; for the forgiveness of our sins, and for the grace of the Holy Spirit to amend our lives, we pray to you, O Lord.

For all who have commended themselves to our prayers; for our families, friends, and neighbors; that being freed from anxiety, they may live in joy, peace, and health, we pray to you, O Lord.

For \_\_\_\_\_, we pray to you, O Lord.

For all who have died in the communion of your Church, and those whose faith is known to you alone, that, with all the saints, they may have rest in that place where there is no pain or grief, but life eternal, we pray to you, O Lord.

Rejoicing in the fellowship of all the saints, let us commend ourselves, and one another, and all our life to Christ our God.

**PRAY FOR THE ANGLICAN COMMUNION** Pray for the Anglican Church of South America  
The Most Revd Gregory James Venables - Presiding Bishop of the Anglican Church of South America  
& Bishop of Argentina.

We pray for our Presiding Bishop Michael; Alan and Gayle, our Bishops, for Paul, our Interim Rector  
and for Valerie Cowart, Deacon.

**In our Diocese:** Ascension Memorial Church, Ipswich, St. Stephen's Memorial Church, Lynn, Emmanuel  
Chapel, Manchester-by-the-Sea and for Ministries to the Homeless.

**We also pray for the faith communities in Chelmsford,** especially for the Congregational Church in North  
Chelmsford.

**PRAY FOR THOSE JOINING GOD'S MISSION IN OUR PARISH** especially for all parishioners as we  
join in the Holy Eucharist with other parishioners.

**PRAY FOR THOSE IN OUR PARISH IN NEED OF HEALING:**

|                    |                               |
|--------------------|-------------------------------|
| Mike Thompson      | health issues/pending surgery |
| Elizabeth Sandoval | health concerns               |
| John MacKenzie     | cancer treatments at home     |
| Molly Loder        | Brain cancer                  |
| Nate Barrow        | Medical concerns              |

**PRAY FOR FAMILY & FRIENDS OF OUR PARISHIONERS:**

|                   |   |
|-------------------|---|
| Karen Bielaski    | sister of David Cahill - hospitalized with serious health Issues  |
| Kathy W.          | friend of Angie Egan – suffering with brain cancer  |
| Anna & Family     | friends of the LaRochelles - being evaluated for a possible heart transplant  |
| Dan Willman       | son of Barbara Willman – diagnosed with multiple myeloma  |
| Charles Fedolfi   | brother of Laura Marshall - recovering from a stroke  |
| Sampath S         | friend and work colleague of Scott Bempkins - cancer  |
| Hugh Fossum       | friend of Katie LaRoche - Hugh is having a recurrence of myeloma, prayers for<br>Hugh & his wife Carol as they deal with healing and treatment while also being<br>quarantined from their children and grandchildren. |
| Dan               | friend of Katy Belanger – stage 4 lung cancer   |
| Chris Gobron      | brother of Deb Collins – recurrence of esophageal cancer  |
| Jennifer          | Sister of Lissie Bates-Haus - Cancer  |
| Joanna Nickerson  | Deacon Bruce's wife - Parkinsons  |
| Erismath M. Kintu | Rowena's father – health concerns   |

**PRAY FOR THOSE WHO ARE AT HOME, IN NURSING HOMES, OR LIVING WITH CHRONIC  
ILLNESSES:** Terry Hunter, Brian Hunter's brother, Chaz Freeman, Lois Freeman's son, Vinnie and  
Jeanette Freeman, Janet Laughlin at Newbury Court, Concord, Larry Van Walters, Ken Lager, twin  
brother of Kate Friesner, Katherine Luetters, Garrett Burgess, Ginny Wright, D'Youville, Lowell

**PRAY FOR THOSE IN THE ARMED FORCES AND THEIR FAMILIES:** Especially for those who have  
been deployed overseas, and for all others serving our country.

**PRAY FOR OUR PARISHIONERS AND FAMILY WHO ARE HEALTH CARE WORKERS:**

Theresa Camacho, Chris Pyne, Linda Cahill, Pam Meinhardt, Larisa Ducharme, Lois Freeman, Nancy  
St. Onge, Kiyomi Hammoumi, Gail Carmichel, sister of Linda Coles, Leigh Lovely, sister of Lynn  
Gresock, Kathryn Harrington, Ben, Dave, & Marlene Hillman, Michelle & Dave Colton, Dr. Amanda  
Kowalski, daughter-in-law of Karen Kowalskim Cherie & Scott Hamelin, Christy Brodeur, Jessica  
McSheehy Del Llano, Sean Olbert.

*Celebrant adds a concluding collect*

### Confession

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

### Absolution

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

### The Peace

The Peace of the Lord be always with you  
And also with you

Offertory: *Elevation No. 3*

Marcel Dupré (11886-1971)

### Announcements

## The Holy Communion

### Eucharistic Prayer A

BCP 365

The Lord be with you.  
And also with you.

Lift up your hearts.

**We lift them up to the Lord.**

Let us give thanks to the Lord our God.  
**It is right to give God thanks and praise.**

*The Celebrant proceeds*

It is right, and a good and joyful thing, always and every where to give thanks to you, Father Almighty, Creator of heaven and earth.

For by water and the Holy Spirit you have made us a new people in Jesus Christ our Lord, to show forth your glory in all the world.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

**Sanctus**

(Please join as the choir sings)

Ho - ly, ho - ly,  
ho - ly Lord, God of power and might,  
heaven and earth are full of your glo - ry. Ho-san-na in the  
high - est. Bless - ed is he who  
comes in the name of the Lord. Ho-san-na in the high-est.

*Then the Celebrant continues*

Holy and gracious Father: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world. On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me." After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

*Celebrant and People*

**Christ has died.**

**Christ is risen.**

**Christ will come again.**

*The Celebrant continues*

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. *AMEN.*

**The Lord's Prayer**

BCP 364

Now as our Savior Christ has taught us, we are bold to say,

*People and Celebrant*

**Our Father, who art in heaven, hallowed be thy Name,  
thy kingdom come, thy will be done, on earth as it is in heaven.  
Give us this day our daily bread. And forgive us our trespasses,  
as we forgive those who trespass against us. And lead us not into  
temptation, but deliver us from evil. For thine is the kingdom,  
and the power, and the glory, for ever and ever. Amen.**

**The Breaking of the Bread**

**Agnus Dei**

Blue Hymnal S-166

(Please join as Christopher Klein sings)



Setting: Gerald R. Near (b. 1942)

## Invitation

*Celebrant:* Whoever you are, wherever you are on your journey of faith, these are the gifts of God for the People of God, take them in remembrance that Christ died for you and feed on him in your hearts by faith with thanksgiving.

*Receive Holy communion saying to yourself or to one another: "The body of Christ, the bread of heaven."*

## Postcommunion Prayer

*Celebrant and People*

Eternal God, heavenly Father,  
you have graciously accepted us as living members  
of your Son our Savior Jesus Christ,  
and you have fed us with spiritual food  
in the Sacrament of his Body and Blood.  
Send us now into the world in peace,  
and grant us strength and courage  
to love and serve you  
with gladness and singleness of heart;  
through Christ our Lord. Amen.

## The Blessing

**Postlude:** *Postlude*

William Mathias (1934-1992)



*Join us for online coffee hour at 11 am on Sunday! The Zoom link is found in an email invitation sent on Sunday mornings along with the links to other ways to join us during the week.*

*Next Sunday September 20, 2020 at 10am is a live Zoom service! Please join us live or view that service later at [www.allsaintschelmsford.org](http://www.allsaintschelmsford.org).*