

# The Fifth Sunday After the Epiphany

10:00 AM + February 5, 2023

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Welcome! You are invited to participate fully in our worship. Whoever you are, wherever you are on your journey of faith, welcome! Please contact the church office ([aschurch@allsaintschelmsford.org](mailto:aschurch@allsaintschelmsford.org)) if you would like to receive our weekly e-bulletin. Children's Church School at 10:00 a.m., visitors are welcome to join at anytime.

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## The Holy Eucharist: Rite Two The Word of God

Hymns are at the end of the Bulletin

**Prelude:** *Eternal light, shine in my heart (Ach bleib bei uns)*

J.S. Bach (1685-1750)

**Hymnal 542:** *Christ is the world's true light*

Tune: *St. Joan*

Holy God, be in our minds, that we might let go of all that diminishes the movement of your spirit within us.

Discerning God, be in our eyes, that we might see you in the midst of all the busyness that fills our lives.

Loving God, be in our hearts, that we can be open to those we love, to those with whom we share ministry and to the whole human family.

Gracious God, be in that grace filled silence that lies deep within us, that we might live in Christ as Christ lives in us. Amen.

Gloria

Blue Hymnal S-280

1. Glo - ry to God in the high - est, and  
peace to his peo - ple on earth. 2. Lord God, heaven - ly  
King, al - mighty - y God and Fa - ther, we wor - ship you, we  
give you thanks, we praise you for your glo - ry. 3. Lord Je - sus  
Christ, on - ly Son of the Fa - ther, Lord God, Lamb of God, 4. you  
take a - way the sin of the world: have mer - cy

on us; 5. you are seat - ed at the right hand of the Fa - ther: re -  
 ceive our prayer. 6. For you a - lone are the Ho - ly One,  
 you a - lone are the Lord, 7. you a - lone are the Most  
 High, Je - sus Christ, with the Ho - ly Spi - rit, in the  
 glo - ry of God the Fa - ther. A - men.

*Celebrant* The Lord be with you.

**People** And also with you.

Together let us pray.

**Collect**

Said in unison

Set us free, O God, from the bondage of our sins, and give us the liberty of that abundant life which you have made known to us in your Son our Savior Jesus Christ; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. *Amen.*

### A Reading from the Book of Isaiah 58:1-9a

Shout out, do not hold back! Lift up your voice like a trumpet! Announce to my people their rebellion, to the house of Jacob their sins.

Yet day after day they seek me and delight to know my ways, as if they were a nation that practiced righteousness and did not forsake the ordinance of their God; they ask of me righteous judgments, they delight to draw near to God.

“Why do we fast, but you do not see? Why humble ourselves, but you do not notice?” Look, you serve your own interest on your fast day, and oppress all your workers. Look, you fast only to quarrel and to fight and to strike with a wicked fist.

Such fasting as you do today will not make your voice heard on high. Is such the fast that I choose, a day to humble oneself? Is it to bow down the head like a bulrush, and to lie in sackcloth and ashes? Will you call this a fast, a day acceptable to the LORD?

Is not this the fast that I choose: to loose the bonds of injustice, to undo the thongs of the yoke, to let the oppressed go free, and to break every yoke?

Is it not to share your bread with the hungry, and bring the homeless poor into your house; when you see the naked, to cover them, and not to hide yourself from your own kin?

Then your light shall break forth like the dawn, and your healing shall spring up quickly; your vindicator shall go before you, the glory of the LORD shall be your rear guard. Then you shall call, and the LORD will answer; you shall cry for help, and he will say, Here I am.

*People's response after the reading*

**Thanks be to God.**

## Psalm 112:1-6 Sung by the congregation



- 1 Hallelujah! Happy are they who fear the **Lord** \*  
and have great delight in his **commandments**!
- 2 Their descendants will be mighty in the **land**; \*  
the generation of the upright will be **blessed**.
- 3 Wealth and riches will be in their **house**, \*  
and their righteousness will last for **ever**.
- 4 Light shines in the darkness for the **upright**; \*  
the righteous are merciful and full of **compassion**.
- 5 It is good for them to be generous in **lending** \*  
and to manage their affairs with **justice**.
- 6 For they will never be **shaken**; \*  
the righteous will be kept in everlasting **remembrance**.

## A Reading from Paul's 1<sup>st</sup> Letter to the Corinthians 2:1-12

When I came to you, brothers and sisters, I did not come proclaiming the mystery of God to you in lofty words or wisdom. For I decided to know nothing among you except Jesus Christ, and him crucified. And I came to you in weakness and in fear and in much trembling. My speech and my proclamation were not with plausible words of wisdom, but with a demonstration of the Spirit and of power, so that your faith might rest not on human wisdom but on the power of God.

Yet among the mature we do speak wisdom, though it is not a wisdom of this age or of the rulers of this age, who are doomed to perish. But we speak God's wisdom, secret and hidden, which God decreed before the ages for our glory. None of the rulers of this age understood this; for if they had, they would not have crucified the Lord of glory. But, as it is written, "What no eye has seen, nor ear heard, nor the human heart conceived, what God has prepared for those who love him"—these things God has revealed to us through the Spirit; for the Spirit searches everything, even the depths of God. For what human being knows what is truly human except the human spirit that is within? So also no one comprehends what is truly God's except the Spirit of God. Now we have received not the spirit of the world, but the Spirit that is from God, so that we may understand the gifts bestowed on us by God. And we speak of these things in words not taught by human wisdom but taught by the Spirit, interpreting spiritual things to those who are spiritual.

Those who are unspiritual do not receive the gifts of God's Spirit, for they are foolishness to them, and they are unable to understand them because they are spiritually discerned. Those who are spiritual discern all things, and they are themselves subject to no one else's scrutiny. "For who has known the mind of the Lord so as to instruct him?" But we have the mind of Christ.

*People's response after the reading*

**Thanks be to God.**

**Hymnal 465:** *Eternal light, shine in my heart*

Tune: *Auch bleib bei uns*

## The Holy Gospel according to Matthew 5:13-20

*People* *Said before the reading*  
Glory to you, Lord Christ.

*Said after the reading*  
Praise to you, Lord Christ.

Jesus said, "You are the salt of the earth; but if salt has lost its taste, how can its saltiness be restored? It is no longer good for anything, but is thrown out and trampled under foot.

"You are the light of the world. A city built on a hill cannot be hid. No one after lighting a lamp puts it under the bushel basket, but on the lampstand, and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven.

"Do not think that I have come to abolish the law or the prophets; I have come not to abolish but to fulfill. For truly I tell you, until heaven and earth pass away, not one letter, not one stroke of a letter, will pass from the law until all is accomplished. Therefore, whoever breaks one of the least of these commandments, and teaches others to do the same, will be called least in the kingdom of heaven; but whoever does them and teaches them will be called great in the kingdom of heaven. For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven."

### The Sermon

The Rev. Sean Maloney

### The Nicene Creed

*Spoken by all, standing.*

**We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father.**

**Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried.**

**On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead, and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son, he is worshiped and glorified. He has spoken through the Prophets.**

**We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.**

### Prayers of the People – Form VI

*The Leader and People pray responsively*

In peace, we pray to you, Lord God.

*Silence*

For all people in their daily life and work;

***For our families, friends, and neighbors, and for those who are alone.***

For this community, the nation, and the world;

***For all who work for justice, freedom, and peace.***

For the just and proper use of your creation;

***For the victims of hunger, fear, injustice, and oppression.***

For all who are in danger, sorrow, or any kind of trouble;

***For those who minister to the sick, the friendless, and the needy.***

For the peace and unity of the Church of God;

***For all who proclaim the Gospel, and all who seek the Truth.***

For *Michael* our Presiding Bishop, and Alan & Gayle our Bishops and for all bishops and other ministers;

***For all who serve God in his Church.***

For the special needs and concerns of this congregation.

*Silence*

*The People may add their own petitions*

Hear us, Lord;

***For your mercy is great.***

We thank you, Lord, for all the blessings of this life.

*Silence*

*The People may add their own thanksgivings*

We will exalt you, O God our King;

***And praise your Name for ever and ever.***

We pray for all who have died, that they may have a place in your eternal kingdom.

*Silence*

*The People may add their own petitions*

Lord, let your loving-kindness be upon them;

***Who put their trust in you.***

We pray to you also for the forgiveness of our sins.

*Silence may be kept.*

*Leader and People*

**Have mercy upon us, most merciful Father;**

**in your compassion forgive us our sins,**

**known and unknown,**

**things done and left undone;**

**and so uphold us by your Spirit**

**that we may live and serve you in newness of life,**

**to the honor and glory of your Name;**

**through Jesus Christ our Lord. Amen.**

*The Celebrant concludes with an absolution or a suitable Collect.*

### **Absolution**

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

### **Announcements**

## **The Holy Communion**

**Offertory:** *Christ is the world's true light*

Walter K. Stanton (1891-1978)

### **Eucharistic Prayer C**

BCP p. 369

The Lord be with you.

**And also with you.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give our thanks and praise.**

God of all power, Ruler of the Universe, you are worthy of glory and praise.

**Glory to you for ever and ever.**

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

**By your will they were created and have their being.**

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.

**Have mercy, Lord, for we are sinners in your sight.**

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

**By his blood, he reconciled us. By his wounds, we are healed.**

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

*Celebrant and People*

**Sanctus**

**Blue Hymnal S-129**

Ho - ly, ho - ly, ho - ly Lord, God of pow-er and  
might, hea - ven and earth are full of your glo - ry. Ho -  
san - na in the high - est. Bless - ed is he who  
comes in the name of the Lord. Ho - san - na in the high - est.\_\_\_\_\_

*The people stand or kneel.*

*Then the Celebrant continues*

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,

***We celebrate his death and resurrection, as we await the day of his coming.***

*The Celebrant continues*

Lord God of our mothers and fathers: God of Abraham, Isaac, and Jacob; God of Sarah, Rebekah, Leah, and Rachel, God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

**Risen Lord, be known to us in the breaking of the Bread.**

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **AMEN.**

**The Lord's Prayer**

BCP p. 364

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

**Fraction Anthem**

S-155

Al - le - lu - ia, al - le - lu - ia,  
lu - ia, al - le - lu - ia. Christ our Pass - o - ver is  
sac - ri - ficed for us; there - fore let us keep the feast.  
Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

Setting: Gerald R. Near (b. 1942)

*You are invited as you feel moved to join us for Communion today. Simply move into the aisle as the Ushers assist you. If you would like to receive communion place your hands out and the priest will give you a piece of bread (or gluten free if needed). You may then receive wine from either the chalice or the individual cup. At this time intinction (dipping) is not permitted. Communion in one kind for any reasons is fully acceptable and has wide use in the tradition. If you don't want to share in communion but want to share in this holy moment come forward with your hands across your heart to receive a blessing.*

**Communion Music**

**Organ:** Variations on *O Christ, who art the light and day*

J.S. Bach (1685-1750)

**Hymn 31:** *Most Holy God, the Lord of Heav'n*

Tune: *Dunedin*

**The Postcommunion Prayer**

*Celebrant* Let us pray.

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now

into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

**The Blessing**

Hymnal 362 *Holy, holy, holy*

Tune: *Nicaea*

**The Dismissal**

Celebrant Let us go forth into the world, rejoicing in the power of the Holy Spirit.

People **Thanks be to God.**

Postlude: Variations on *O Christ, who art the light and day*

J.S. Bach (1685-1750)



Hymnal 542: *Christ is the world's true light*

Tune: *St. Joan*

1 Christ is the world's true Light, its Cap-tain of sal - va - tion,  
2 In Christ all rac - es meet, their an-cient feuds for - get - ting,  
3 One Lord, in one great Name u - nite us all who own thee;

the Day - star clear and bright of ev - ery race and na - tion;  
the whole round world com - plete, from sun-rise to its set - ting;  
cast out our pride and shame that hin-der to en - throne thee;

new life, new hope a - wakes, for all who own his sway:  
when Christ is throned as Lord all shall for - sake their fear,  
the world has wait - ed long, has tra - vailed long in pain;

free - dom her bond - age breaks, and night is turned to day.  
to plough-share beat the sword, to prun - ing - hook the spear.  
to heal its an - cient wrong, come, Prince of Peace, and reign.

Hymnal 465: *Eternal light, shine in my heart*

Tune: *Auch bleib bei uns*

*Unison or harmony*

1 E - ter - nal light, shine in my heart; e - ter - nal  
2 E - ter - nal life, raise me from death; e - ter - nal  
3 un - til by your most cost - ly grace, in - vit - ed

hope, lift up my eyes; e - ter - nal power, be  
bright-ness, help me see; e - ter - nal Spi - rit,  
by your ho - ly word, at last I come be -

my sup - port; e - ter - nal wis - dom, make me wise.  
give me breath; e - ter - nal Sa - vior come to me:  
fore your face to know you, my e - ter - nal God.

Hymn 31: *Most Holy God, the Lord of Heaven*

Tune: *Dunedin*



1 Most Ho - ly God, the Lord of heaven, who in the  
2 for you the daz - zling star shines forth which in its  
3 The day de - parts, the eve - ning stars se - rene - ly  
4 You, Ho - ly One, Cre - a - tor, Lord, you in the  
5 Like sun and day, shine in our hearts; like moon and



1 high arched sky has placed the sun that flames up from the  
2 gleam - ing path de - clares the won - ders of your glo - rious  
3 light the dark - ening sky; the moon with cool re - flect - ed  
4 pri - mal world once set the bound - aries of the day and  
5 night, give lov - ing peace. Free us from bonds of blind - ing



1 east and brings the splen - dors of the dawn:  
2 power, and beck - ons us to wor - ship you.  
3 glow will bring the si - lenc - es of night.  
4 night and or - dered sea - sons in their round.  
5 sin and guide us on our path to you.

Words: Latin; tr. Anne K. LeCroy (b. 1930)

Music: *Dunedin*, Vernon Griffiths (b. 1894)

LM

1 Ho - ly, ho - ly, ho - ly! Lord — God Al - might - y!  
 \*2 Ho - ly, ho - ly, ho - ly! All the saints a - dore thee,  
 3 Ho - ly, ho - ly, ho - ly! Though the dark - ness hide thee,  
 4 Ho - ly, ho - ly, ho - ly! Lord — God Al - might - y!

Ear - ly in the morn - ing our song shall rise to thee:  
 cast - ing down their gold - en crowns a - round the glass - y sea;  
 though the sin - ful hu - man eye thy glo - ry may not see,  
 All thy works shall praise thy Name, in earth, and sky, and sea;

Ho - ly, ho - ly, ho - ly! Mer - ci - ful and might - y,  
 cher - u - bim and ser - a - phim fall - ing down be - fore thee,  
 on - ly thou art ho - ly; there is none be - side thee,  
 Ho - ly, ho - ly, ho - ly! Mer - ci - ful and might - y,

God in three Per - sons, bless - ed Trin - i - ty.  
 which wert, and art, and ev - er - more shalt be.  
 per - fect in power, in love, and pu - ri - ty.  
 God in three Per - sons, bless - ed Trin - i - ty.